

Engage your elected officials on J Day



J Day is a great opportunity to inform elected officials about the power and benefits of international exchange.

As you plan your J Day events, be sure to contact elected officials – e.g. mayor, city council members, state representatives and senators, Members of Congress – and invite them and their staffs to join the J Day celebrations in your community.

After the conclusion of J Day – even if they don't attend – send them a brief summary, and maybe even some pictures, from your local J Day events. If they do attend, be sure to get photos of officials with J-I participants, share photos with their office and with local media, and share on social media pages.

How do I find and contact my Members of Congress?

- Find your Representative here: <http://www.house.gov/representatives/find/>
- Find your Senators here: <http://www.senate.gov/senators/contact/>
- Visit your Members of Congress websites and look for their local office contact information.

Invite local offices to participate in J Day

- Call district and state offices and ask for email address of appropriate staff member.
- Contact and extend J Day invitation. Follow up a few days prior to confirm attendance.
- During J Day, sponsors and J-I participants should tweet at your Members of Congress and local officials (you can usually find their Twitter handles on their websites), using the hash tags **#CelebrateJDay** and **#EatPlayGive**. Include pictures if possible!
- After J Day, send a brief summary of your local J Day events to local offices. Be sure to include links to any local press coverage.

Share the Social Media Campaign with elected officials!   

